Life Care Planning: A History

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INTRODUCTION

• LCP is a Case Management tool.
• Transdisciplinary in nature.
  – Utilized by Rehabilitation Nurses, Rehabilitation Counselors, Rehabilitation, Psychologists, Physicians and other Health Related Professionals trained in this sub-specialty.

Case Management

• Board Eligible
• Board Certified
Case Management

• Involved in
  – Overseeing/Implementing
  – Rehabilitation Programs
  – Support Care Services

Case Management: LCP Based On

• Specific standards
• Methodologies
• Tenets
  – Consistent
• Approach is both Reliable and Valid
• Predictive

Historical Beginning

• Initial Research began in mid-1970’s
• First published in literature in 1981 Damages in Tort Actions (Deutsch, P.M., Raffa, F. Mathew Bender)
• 1985 A Guide to Rehabilitation (Deutsch, P.M., Sawyer, H.)
• Drew from 3 divergent fields
Divergent Fields

- Experimental Analysis of Behavior
  Learning Theory
  Behavioral Psychology
  Clinical Psychology
- Developmental Psychology
- Case Management

Preliminary Research
Initiated for a Variety of Reasons

- Individuals and families needed a concise summary of a future plan as a guideline or reference.
- The need for an effective Communications Tool.
- Catastrophic case management dictated the need for planning not management by chaos.

Preliminary Research
Initiated for a Variety of Reasons

- LCP was designed to break the complex down to simpler components for careful analysis.
- The basic methodology provided for an evaluation that took into consideration the following:
Methodology

- The disability
- The needs, goals, and preferences of the Individual
- The needs of the Family
- The realities of the Geographic Region

Not Considered in this Methodology

- Budget

Early Application

- Consultation
  Worker’s Compensation
  Personal Injury beginning in 1978
  Long Term Disability Insurance
Early Definition

• A consistent methodology for analyzing all of the needs dictated by the onset of a catastrophic disability through to the end of life expectancy. Consistency means that the methods of analysis remains the same from case to case and does not mean that the same services are provided to like disabilities.

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A Life Care Plan is a dynamic document based upon published standards of practice, comprehensive assessment, data analysis and research, which provides an organized concise plan for current and future needs with associated costs, for individuals who have experienced catastrophic injury or have chronic health care needs.

IALCP Defines the Scope of Practice

• “Life Care Planning is an advanced practice which is collaborative in nature and includes the patient, family, care providers and all parties concerned in coordinating, accessing, evaluating and monitoring necessary services.”
IALCP Recommends the following of LCP’s

- Have a foundation of knowledge & practice
- Have an appropriate experience base
- Conduct an active practice
- Perform specific methodologies demonstrating an advanced practice
- Participate in professional organizations
- Participate in community and national organizations.

The Non-Judicial Uses of LCP’ing

- Health Insurance Referrals
- Long Term Disability
- Special Needs Trust
- Worker’s Compensation Casework
- Geriatric Care or Elder Care
- Inpatient Acute Rehabilitation Programs
- Inpatient Post Acute Rehab. Programs

Non-Judicial Uses

- Residential Post Acute Rehabilitation Facilities
- Long Term Supervised Living Programs
- Independent Living Program
- Medicare Set Aside Trust
- Basic Coordination of Patient Care
  - Department of Defense
  - Public Health Administration